



# FULHAM REACH BOAT CLUB

EST. 2014

## **Members and Participants Code of Conduct**

1. Respect the FRBC Coaches, Staff and fellow crew members and their decisions.
2. Keep to the agreed timings for training and competitions, tell your coach if you are going to be late. If you turn up late to a water session we cannot guarantee that you will get in a boat for that session.
3. Ensure you know the rules of the river and the Tideway Code, so that you can be safe on the water. Respect coach decisions if it is not safe to go on the water.
4. You are responsible for wearing suitable kit, for example, layers of lightweight clothing suitable for the weather conditions, and sports shoes. These must should provide adequate warmth (e.g. windproof clothing) and protection from the weather (e.g. long sleeved tops and hats) for training and competitions.
5. Act in a sporting way during training and competition.
6. Do not threaten others or engage in acts of verbal or physical abuse, or other types of abuse. No swearing or shouting at others.
7. Respect the rights, dignity and worth of other participants, and not discriminate on the grounds of gender, race, colour, disability, sexuality, age, marital status, occupation or political opinion.
8. You are not allowed to smoke or consume drugs while on club premises or whilst representing the club at competitions.
9. Discourage unfair play and arguing with officials. Encourage your child to learn the rules, and play within them.
10. Pay any FRBC fees for membership, training or events promptly.